

Emergency Medicine Pearls - Vertigo

05/01/2026 05/01/2028

Enduring Material

Purpose:

Emergency Medicine Pearls offers concise, up-to-date clinical guidance on common patient presentations frequently encountered in the Emergency Department. Each topic is developed collaboratively by a multidisciplinary team within the ED service line to support timely, evidence-informed decision-making. This module focuses on Vertigo, highlighting key assessment strategies, differential diagnoses, and management considerations relevant to emergency care providers.

Objectives:

- 1 Apply the GRACE-3 “timing and triggers” framework to categorize dizziness into acute vestibular syndrome (AVS), spontaneous episodic vestibular syndrome (s-EVS) and triggered episodic vestibular syndrome (t-EVS).
- 2 Interpret the HINTS examination correctly in symptomatic patients to distinguish central (stroke) from peripheral causes of acute vestibular syndrome
- 3 Recognize high-risk features for central causes of dizziness, including and inability to ambulate, abnormal nystagmus patterns and skew deviation
- 4 Communicate findings effectively across the interprofessional team to support timely, evidence-based evaluation and disposition of dizzy patients.

Target Audience:

Physician, Nurse - RN, EMS, Nurse - Nurse Practitioner, Physician Assistant, Nurse -LPN/LVN

For successful completion:

- Watch video
- Complete pre & post-test
- Complete evaluation

Accreditation & Credit Designation:

Accreditation



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)



IPCE CREDIT™

IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 0.75 IPCE credit(s) for learning and change.

Medicine CME: Avera designates this live activity for a maximum of 0.75 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

REMINDER

Attendance can be texted up to 24 hours after the activity



Nurse CE: Avera designates this activity for a maximum of 0.75 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

MN EMS: This education qualifies as Continuing Education, LCCR, or ICCR in the State of Minnesota. EMTs will receive 0.75 continuing education credit(s) for participating in this course.

SD BMOE: This course SD26CE1122 has been approved for 0.75 continuing education credits by the South Dakota Board of Medical and Osteopathic examiners (BMOE).

Additional Information:

Feedback person for this educational activity is:

Enduring Material available from 05/01/2026 to 05/01/2028

- This course content was reviewed on 04/16/2026

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kelly Boyd, MSN, Nurse	Lead Planner	Nothing to disclose
Justin Espland, DO	Content Expert - Committee Member, Faculty	Nothing to disclose
Melissa Mayer	Committee Planning Member	Nothing to disclose
Hilary Rockwell, MD	Content Expert - Committee Member	Nothing to disclose
Ryan Sweeter, BS, N/A	Committee Planning Member	Nothing to disclose
Luke Van Oeveren, MD	Content Expert - Committee Member	Nothing to disclose
Anna Vanden Bosch, MSN, Administrator	Content Expert - Committee Member	Nothing to disclose

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